

2023 Gene Armer Track & Field Invitational

@ The University of Illinois Armory, 505 E. Armory,
Champaign

Hosted by Urbana High School

Saturday, March 18th, **11:30am**

Entries: Register online at www.athletic.net. You may begin making entries on Monday, 3/6/23. **Entries deadline is 12:00 NOON, Wednesday, March 15th.**

- Log-in to your school's Athletic.net
- Confirm you have access to the 2023 "Gene Armer Invitational"
 - If you do not have access to the 2023 "Gene Armer Invitational" **and have a signed contract**, email UHS Athletic Director, Stephen Waller at swaller@usd116.org.
- Proceed to enter/update your roster and enter your athletes into the meet.
- Only enter one contestant per event.

Changes or corrections: Entries must be made by 12:00 NOON, Wednesday, March 15th. **NOTE: THERE IS ONLY ONE ENTRY DEADLINE THIS YEAR.** Heat Sheets will be assembled and emailed Thursday.

Volunteers: Please be prepared to supply a coach to work as a head field event judge or to assist with a field event. E-mail Stephen Waller at swaller@usd116.org if there is a field event that you prefer to work, otherwise, work assignments will be randomly assigned as needed.

Coaches Meeting: There is a mandatory coaches meeting in the North-West corner at 11:00 AM. Scratches in running events will not need to be done at the meeting. Scratches for the field events can be done at the event. **No substitutions are allowed on the day of the meet unless you have a note from a doctor or a school administrator.**

Results: Live results during competition will be available at: shazam.live

Event Seeding: For the 200/400/4x200/4x400 runners will be seeded from fastest to slowest in lanes 5-6-4-3-2-1. Runners will be seeded 4-5-3-6-2-7-1-8 for the 60/60H. The 800/1600/3200/4x800 will be seeded fastest to slowest and run with a 1 turn stagger.

Scoring: We will score 8 places (10-8-6-5-4-3-2-1), and awards will go to placers 1st through 6th. First and second place trophies will be awarded to the top two teams in the men's and women's divisions.

Officials: Don Hackler (10052) - Referee, Robert Rice (12821) - Starter, Bruce Weiman (16008) - Asst Starter, Sam Hall (85650) - Clerk, Corey Plotner (88000) - Clerk

Hip Numbers: For individual events, athletes must wear a hip number on the right hip and left chest. For relay events, all 4 athletes must wear a hip number on the right hip and left chest.

Relay cards: Relay cards will be available in team packets. Coaches/athletes must turn in a relay card when relay teams check in. Relay names with relay splits will be posted in the final results. Extra relay cards will be available at the hip # table.

3200 Run: Entries will be restricted to athletes who meet the performance standards. Male competitors in the two-mile have to be able to run under 11:00 minutes and female competitors have to be able to run under 13:00 minutes. To enter an athlete in this event, enter him/her on athletic.net including an entry note with proof of performance. **ONLINE ENTRY DOES NOT GUARANTEE MEET ENTRY.** Our intent is to limit the field size to 16 high level performers in this event. Times in the 1600m run can also serve as qualifying times for the 3200m run. A confirmed time of 5:00 for boys and 6:00 minutes for girls can earn an athlete a position in this race.

Parking: Attached is a parking map showing available lots surrounding the Armory building. University spaces & lots **not** signed as being enforced 24/7 may be parked in on the weekend.

IMPORTANT INFORMATION:

- 1/4" pyramid spikes or flats.
- **Gill Fusion Starting Blocks** will be provided at the meet. Feel free to bring your own blocks if you are not comfortable using this model.
- **\$225.00 per team or \$40/event - please send to Urbana High School before the meet.**
- We will have a hospitality room for the coaches. The hospitality room is for coaches and officials only. Athletes and spectators will not be permitted.
- The 3rd floor hallway may be used for warm-ups.
- No team camps are allowed in the bleachers labeled as such.
- ***Restricted Areas:** All red portions of the track at the finish area and the entire finish straight away. No one other than athletes actively competing in running events are allowed to cross the finish area during the running event portion of the meet.
- General admission is \$7.00 for adults, \$4 for students with a student ID. Concessions are available in the Armory, and campus-town has many fast food and sit-down restaurants where you could purchase food.

Additional Info

- **Doors will open at the following time: Teams - 10:00am, Public 10:30am.**

Event Schedule

Start Time:
11:30 AM

RUNNING EVENTS

3200 Run (M & W)
60M HH Prelims (Men-Women)
60M Dash Prelims (M & W)
3200M Relay (M & W)

*****30 Minute Break*****

60M HH Finals (W & M)
60M Dash Finals (M & W)
800M Run (M & W)
800M Relay (M & W)
400M Dash (M & W)
1600M Run (M & W)
200M Dash (M & W)
1600M Relay (M & W)

Start Time:
11:30 AM

FIELD EVENTS:

Pole Vault (Women-Men)
Shot Put (Men-Women)
Long Jump (TBD)
Triple Jump (TBD)
High Jump (Women-Men)

*Boys will jump in the East pits (flat) for LJ & TJ

**Girls will jump in the West pits on Gill Raised Runways - for both LJ & TJ

***These will rotate in 2024

FIELD EVENT INFO:

POLE VAULT:

- Starting height for both the men and the women are as follows:
Women: TBA based on entries
Men: TBA based on entries
- Both move up 6" at a time
- Five Alive
- Men Jump 45 minutes after women
- Will be conducted on Gill Raised Runways

SHOT PUT:

- Conducted in flights
- 3 Prelim throws
- Top nine to the finals (throwing in reverse order)

HIGH JUMP:

- Starting height for both the men and the women are as follows:
Women: TBA based on entries
Men: TBA based on entries
- Men jump 30 minutes after women
- Five Alive

LONG JUMP:

- Conducted in flights Cafeteria Style with fifteen minutes of warm-up between flights
- 3 Prelim jumps
- Top nine to the finals
- 3 final jumps

TRIPLE JUMP:

- Conducted in flights Cafeteria Style with fifteen minutes of warm-up between flights
- 3 Prelim jumps
- Top nine to the finals
- 3 final jumps
- Men: Wood boards at 40' & 33'
- Women: Wood board at 33' with taped board at 28'